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**POSTGRADUATE VIRTUAL MEDICAL MEETING**  
**Paediatric Allergy – The Changing Landscape –**  
**From Microbiome to Commissioning**  
**A MEETING CHAIRED BY**  
**Dr Bruce McLain, Consultant Paediatrician, North Tees General**  
**Hospital**

**Virtual Meeting**  
**Saturday, 27th February 2021**

“A practical and interactive scientific morning webinar, tackling the changing landscape of Paediatric Allergy Management. International and Regional expert speakers will address the seamless care of Paediatric Allergy, from microbiome, practical management to commissioning services”

- 9.00am**      **Registration**
- 9.20am**      **Introduction by Dr Bruce McLain, Consultant Paediatrician, North Tees General Hospital**
- 9.30am**      **Review of evidence and merits of Prebiotics / Probiotics and HMO**
- Clinical lecture 1 by Dr Sibel Sonmez-Ajtai, Consultant Allergist, Sheffield Children’s Hospital**
- 10.10am**      **Active Allergy Management of CMPA**
- Clinical lecture 2 by Siobhan Morgan, Specialist Paediatric Allergy Dietitian, Sheffield Children’s Hospital**
- 10.50am**      **Applying Health Economics to Cow’s Milk Allergy**
- Clinical lecture 3 by Matt Cressey, Pharmacist**
- 11.20am**      **Break**
- The Management of CMPA in the Primary Care Landscape**
- 11.30am**      **Clinical lecture 4 by Dr Helen Howells, GPSI Allergy, Bournemouth and Honorary Lecturer at Southampton University**

**12.00pm**      **The Microbiome and Probiotics: influencing allergy recovery in everyday practice**

**Clinical lecture 4 by Prof Jon Vanderhoof, Lecturer in Paediatrics  
Harvard Medical School & attending physician, Children's  
Hospital Boston**

**12.45pm**      **Q & A Session**  
**1.00pm**      **Sponsor Session**  
**1.20pm**      **Finish**

If you wish to book a place, please reply to [medical-symposiums@yhma.co.uk](mailto:medical-symposiums@yhma.co.uk) or text 07890541831.

**CPD = 3.5 hours – Certificates provided**  
**This meeting is free to attend.**

**This meeting has been sponsored by Reckitt Benckiser  
Thermo Fisher and ALK Abello**

### **Speaker Profiles**



**Dr. Jon A Vanderhoof** is an attending physician in GI/Nutrition at Boston Children's Hospital, Senior Lecturer in Pediatrics at the Harvard Medical School. Dr. Vanderhoof completed his fellowship in Pediatric Gastroenterology and Nutrition at the University of California at Los Angeles in 1976. He has published over 200 refereed plus numerous chapters and reviews. He served as President of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition from 1986 to 1988 and received the Shwachman Award in 2001 from the North American Society of Pediatric Gastroenterology and Nutrition, the highest award in North America given in the field of Pediatric Gastroenterology.



**Dr Bruce McLain** trained in Paediatric Gastroenterologist in Melbourne, Australia and Vancouver, Canada. Upon returning to the UK he established his practice in Teesside and Newcastle where he is still working. Dr McLain's main areas of clinical practice are Inflammatory Bowel Disease, Eosinophilic oesophagitis, and Gut Allergy and Coeliac Disease. In his role as Overseas Examination Lead for the Royal College of Paediatrics and Child Health (RCPCH), he has helped to deliver a new exam in 12 countries outside the UK.



**Dr Sibel Sonmez-Ajtai** is a full time Paediatric Allergy Consultant at Sheffield Children's Hospital, where she has been working since 2005. She undertook the Allergy Team lead role for 3 years during this period, until December 2020. In this role she focused on team driven approach to address the challenges of the busy and high demand Paediatric Allergy Service and maintaining the high standard of quality of care Sheffield Children' Allergy Service is well known for and proud of. Dr Sonmez-Ajtai trained in Paediatric medicine and allergy in UK centres including Leeds and Newcastle between 2005 and 2015. She also has Masters in Child Health (Leeds University) and Diploma in Clinical Education (Newcastle University). She is passionate about allergy education and training and has special interest areas include food allergy, allergic rhinitis and allergen immunotherapy.



**Siobhan Morgan** - Specialist Paediatric Allergy Dietitian Registered with The Health and Care Professions Council. I practice at Sheffield Children's Hospital within the Paediatric Allergy team. I hold a BSc Hons Degree in Psychology from the University of Ulster and a BSc Hons Degree in Dietetics from

the University of Hertfordshire. I have a particular interest in the nutritional management of food allergy and in paediatric feeding difficulties.



**Dr Helen Howells** qualified from Southampton University in 2005. After rotating through several hospital posts, she undertook GP training and completed this in 2015. She is a portfolio GP working for the Bournemouth GP Urgent Treatment Centre and as a visiting GP for several local surgeries.

Helen became interested in allergy due to her own experiences of managing a child with milk and nut allergies. As a result, she undertook the MSc in Allergy at Southampton University.

Helen worked with the paediatric allergy team at the University Hospital of Southampton for over four years but is currently focusing her efforts on helping primary care with the Covid-19 pandemic. Helen has just stepped down as the chairperson of the primary care group of BSACI (British Society of Allergy and Clinical Immunology). She spends a great deal of her free time running allergy education sessions for primary care staff and is an honorary lecturer at Southampton University.



**Matt Cressey** is a Pharmacist based in Bradford and the founder of Optimed Healthcare.

(This presentation is pre-recorded and will be open for discussion by the Chair)